COMMUNITY RESOURCES
As of 3/25/20

FOOD
RSU1 Schools (for students only). For the most complete information click here.
All RSU1 students can pick up a breakfast or lunch at one of four locations between the hours of 10:30 a.m. and 1:00 p.m., Monday – Friday.

- Dike-Newell
- Fisher Mitchell
- Phippsburg Elementary School
- Woolwich Central School

Meals are FREE to ALL RSU1 students. Unfortunately, meals cannot be provided to adults. Adults can use the Bath Area Food Bank referenced below.

- Meals will be "Grab and Go" - they will not be consumed on site to encourage social distancing practices.
- There will be signage posted at the front door of each school to direct where meals can be picked up.
- We encourage students to take both a lunch and breakfast at the same time. Lunch for that day, breakfast to have the next morning.
- Any child under 18 years of age will have the option to pick-up up to 3 individual "Grab & Go" breakfasts and lunches for themselves to take home.

Meals will also be delivered on select bus runs. For more information click here.
FMI: Tim Harkins, Food Service Director, RSU 443-6601, ext. 114 or tharkins@rsu1.org.

Bath Area Food Bank, 807 Middle Street, Bath. Pantry phone: 737-9289. Soup Kitchen phone: 737-9289

- Tuesdays & Thursdays 12 p.m. - 1 p.m. Grab & Go Meals at the door
- Tuesdays & Thursdays 2 p.m. - 4 p.m. Grab & Go Grocery bag at the door

For additional services for adults & families, please visit the Bath Area Food Bank Facebook Page for up-to-date info.

Midcoast Maine Community Action/Head Start. 442-7963

- Emergency housing, rent and heating assistance, utility support.
- Women, Infants and Children services.
- Food for families.
Midcoast Community Alliance/Bath Youth Meetinghouse & Skate Park, 4 Old Brunswick Road, Bath. FMI: Jamie Dorr, Executive Director - jamie@mcamaine.org or 443-6856, or Donna Verhoeven, Youth Outreach Coordinator donna@mcamaine.org or 751-5738

- Fridays, 4 p.m. - 5 p.m. Grab & Go Grocery bag at the door provided by Bath Area Backpack Program.


- Assistance with rent, bills and food.

The Salvation Army, 25 Congress Avenue, Bath, 443-3611

- Monday, Wednesday, & Thursday - Food Pantry - 10 a.m. - 1 p.m. Food boxes are pre-packed to limit your time in the building. Access to our FREE Table is limited to our staff, we will have a list of items available and we will pack bags/boxes for you.
- Monday, Wednesday, & Thursday - Social Services - 9 a.m. - 1 p.m.
- Monday-Thursday – Office Hours - 9 a.m. – 2 p.m.

PHARMACY Pick-Up & Delivery Programs*

* You may be able to designate someone to pick-up a prescription for you. Call the pharmacy to see what they require. Most will require you notify them of who will be picking up your prescription. The person picking up your prescription will need to know your name, date of birth, and may need to show ID.

Wilson’s Pharmacy, 114 Front St., Bath, 442-8786

Wilson’s is doing curb side pick- up for all prescriptions. Home delivery is available on a limited basis. Call, 442-8786, to see if delivery is available.

CVS, 131 Court St, Bath, 443-3307

Pharmacy hours are 9:00 a.m. to 6 p.m. CVS offers drive thru service and home delivery; however, given the increase in requests delivery may take 1 to 2 days. For information click here.

Walgreens, 11 State Rd., Bath, 442-8786

No home delivery but you may order your prescription online and use the drive thru service. For information click here.

GROCERY

Shaw’s Supermarket, 1 Chandler Dr., Bath, 443-9179

Shaw’s has special shopping hours for Seniors on Tues. & Thurs., 7:00 a.m. to 9:00 a.m. Regular store hours are 7 a.m. to 8:00 p.m., 7 days a week. For home delivery
services click on Shaw’s Grocery Delivery. Delivery takes a few days once your order is placed.

**Hannaford Supermarket**, 35 Elm St., Brunswick, 725-6683

Hannaford Supermarket has **special shopping hours for Seniors on Tues, Wed. and Thurs. from 6:00 a.m. to 7:00 a.m.** Regular shopping hours are 7:00 a.m. to 9:00 p.m. As of 3/19 “Hannaford To Go” was temporarily discontinued. Call for updates

**Brackett’s Market**, 185 Front St., 443-2012.

No home delivery services. Hours, 7 a.m. – 7 p.m. 7 days a week.

**University of Maine Cooperative Extension.** For information click [here](#).

Information about farms and food producers with pick-up options.

**Whole Food Delivery with Amazon Prime.**

Amazon Prime members can have home delivery from Whole Foods. See their [website](#).

**BUSINESS**

Unemployment insurance FAQs: for information click [here](#)

Department of Labor resource list: for information click [here](#)

Small business guidance and loan resources: for information click [here](#)

City of Bath shops: for store information click [here](#)

**STATE AND FEDERAL HEALTH**

**Maine Center for Disease Control and Prevention**

**211 Maine**

**Maine Emergency Management**

**HOW YOU CAN HELP**

Your neighbors need your help right now. The following organizations will help Mainers in need during this challenging time and support people in our community as they get back on their feet in the months ahead.

Bath Area Food Bank. [https://www.bathfoodbank.org/donations/](https://www.bathfoodbank.org/donations/)

United Way COVID-19 Urgent Needs Fund. [www.uwmcm.org](http://www.uwmcm.org)

Mid Coast Community Alliance/Bath Skate Park. [https://www.mcamaine.org/](https://www.mcamaine.org/)

Spectrum Generations/Meals on Wheels: [https://www.spectrumgenerations.org/join-our-team/volunteer](https://www.spectrumgenerations.org/join-our-team/volunteer)
Donate Blood. Donated blood continues to be a need in Maine. You must make an appointment to donate. https://www.redcross.org/give-blood.html